



Fish Head Soup

Melanie Brown, Commercial and subsistence fish harvester out of Naknek, Alaska and organizer/coordinator with [SalmonState](#)

Ingredients

- 1 salmon head
- 1 tail end of salmon
- 1/2 small onion - cut into rings or half rings
- Celery - cut crosswise into crescents about 1/4" wide
- Sea salt
- Onion powder
- 1 bouillon cube or 1 teaspoon of bouillon paste
- 2 tablespoons of soy sauce or tamari
- 1/4 cup rice

Directions

Watch this [Slow Food Live cook-along video](#) to see how Melanie prepares her family recipe. For more of the story, read [Salmon Soup for the Soul: The Story of Melanie Brown](#).

Find this recipe & more in the [June 2021](#) Newsletter